



June 11, 2015

RE: Blythe Eastman
DOB: 01/23/1951

Dear Andrea:

I am writing this letter at the request of Ms. Blythe Eastman to provide you with information regarding her past medical history. As you may know, she is a 64-year-old woman with a history of low-grade non-Hodgkin's lymphoma dating back to December 1999 when she developed right cervical lymphadenopathy. Biopsy revealed follicular grade 2 non-Hodgkin's lymphoma. She pursued naturopathic therapy including Qigong over the next 12 years, but in January 2012 noted increasing fatigue and left inguinal adenopathy. Lymph node biopsy revealed persistent follicular low-grade lymphoma. She received single agent rituximab and completed her course of therapy in December 2012. She tolerated her treatment well. Lower extremity edema resolved over time, but in May 2013 she developed right lower quadrant abdominal pain and right leg swelling with new right-sided pelvic lymphadenopathy and deep vein compression with an obstructive deep venous thrombosis. She received anticoagulation and underwent repeat treatment with rituximab with improvement in her lymphadenopathy. She also reinitiated naturopathic therapy and actively pursued a different form of Qigong. Over the last 2 years she has had no evidence of recurrence of lymphoma. She continues to pursue integrative medical therapies and practices Qigong regularly, recently attending a retreat which she found extremely helpful.

I believe that Ms. Eastman is doing well from a lymphoma standpoint, in large part because of her integrative medical approach, utilizing allopathic therapy such as rituximab in addition to naturopathic treatments and Chinese herbal and energy therapies. There is no question that Qigong has benefited her from a whole body health standpoint, and is in part responsible for her ongoing disease stability in remission at this point. I am hopeful that other medical practitioners will begin to understand the benefits of nontraditional, nonallopathic treatment choices which are available to patients.

Feel free to contact me if you have any further questions regarding Ms. Eastman's clinical status or treatment choices.

Sincerely,

Daniel R. Gruenberg, MD
DRG/bml

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